

Poppy Seed Salad

1 medium iceberg lettuce-bite size pieces

3 green onions chopped

Sauté and cool

3/4 c sliced almonds

1 T sugar

1 T butter

Combine and mix very well and put aside: 1/4 c oil, 1/4 c vinegar 1/4 c sugar 1 1/2 T poppy seeds, 1 T Jane's Cracey salt and 1/4 t pepper

1 3oz pkg Chinese rice noodles (la Chay)

Just before serving add dressing, almonds and noodles to the lettuce mixture and toss.